

STROKE IDENTIFICATION:

STROKE: Remember The 1st Three Letters: STR

RECOGNIZING A STROKE

Thank God for the sense to remember the "3" steps, STR . Read and Learn! Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke. Now doctors say a bystander can recognize a stroke by asking three simple questions:

S * Ask the individual to SMILE

**T * Ask the person to TALK to SPEAK A SIMPLE SENTENCE
(Coherently) (i.e. . . It is sunny out today)**

R * Ask him or her to RAISE BOTH ARMS .

*NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out their tongue. If the tongue is 'crooked', if it goes to one side or the other, that is also an indication of a stroke. If he or she has trouble with ANY ONE of these tasks,! call 911 immediately !! and describe the symptoms to the dispatcher.